

**APACHE 40K Time Trial**  
**ABR IL Championship**  
**Sunday, June 24, 2012**  
**Paw Paw, IL**

Check your start time, name spelling, race class & club. Please email updates to Bob at: abrlund@aol.com

Day of Time Trial pick up your start number at registration. Check your race class is correct.  
 Line up at start line 10 minutes before your start time.

Start intervals are One minute.

Don't be late! If you are late to start line your time is running on the clock. If late, you may ask for a new start time at registration not at the start line. Start line Official is to busy starting riders who are on time.

**START LIST as of 6/23 3:30pm**

| <b>Start time</b> | <b>Race #</b> | <b>First</b> | <b>Last</b>   | <b>Race Class</b> | <b>Club</b>       |
|-------------------|---------------|--------------|---------------|-------------------|-------------------|
| 9:00              |               | n/a          | n/a           |                   |                   |
| 9:01              | 1             | Fabio        | Orlandi       | mcat1-3           |                   |
| 9:02              | 2             | Jon          | Lafontant     | men55-59          |                   |
| 9:03              | 3             | Victoria     | McAdams       | wom60-64          |                   |
| 9:04              | 4             | Leigh        | Thompson      | wcat1-3           |                   |
| 9:05              | 5             | Robert       | Burke         | men60-64          |                   |
| 9:06              | 6             | Don          | Schiff        | men70-74          | ABD               |
| 9:07              | 7             | Shawn        | Uemura        | wom40-44          |                   |
| 9:08              | 8             | Jack         | Arnolde       | mcat4-5           |                   |
| 9:09              | 9             | Zbigniew     | Demel         | Men 60-64         | Pact Dish Network |
| 9:10              | 10            | Allen        | Clauss        | men55-59          |                   |
| 9:11              | 11            | David        | Heckelsmiller | men30             |                   |
| 9:12              | 12            |              |               |                   |                   |
| 9:13              | 13            | Richard      | Kreutzfeldt   | men60-64          |                   |
| 9:14              | 14            | Bryce        | Mead          | mcat1-3           |                   |
| 9:15              | 15            |              |               |                   |                   |
| 9:16              | 16            | Alan         | Ariail        | Recumbnt          | Low Boy Racing    |
| 9:17              | 17            | John         | Krehbiel      | men 75-79         |                   |
| 9:18              | 18            | Doug         | Peterson      | men40-44          |                   |
| 9:19              | 19            | Robert       | Herbert       | men 75-79         |                   |
| 9:20              | 20            | Griffin      | Kambol        | jr 16-18          |                   |
| 9:21              | 21            | Annaliese    | Kambol        | wom jr            |                   |
| 9:22              | 22            | James        | Kambol        | men45-49          |                   |
| 9:23              | 23            | Diane        | Roanhaus      | wom55-59          | Midwest Masters   |
| 9:24              | 24            | Paul         | Mehlenbeck    | men65-69          |                   |
| 9:25              | 25            | Robert       | Witt          | men50-54          |                   |
| 9:26              | 26            | Gary         | Rulo          | men50-54          |                   |
| 9:27              | 27            | Reed         | Oliff         | men45-49          |                   |
| 9:28              | 28            | Sal          | Troia         | men70-74          |                   |
| 9:29              | 29            | Steven       | Dehmlow       | men55-59          |                   |

|       |    |             |              |          |     |
|-------|----|-------------|--------------|----------|-----|
| 9:30  | 30 | Val         | Fugali       | wom55-59 |     |
| 9:31  | 31 | Walter      | Stoops       | men60-64 | ABD |
| 9:32  | 32 | Guiober     | Cuevas       | mcat4-5  |     |
| 9:33  | 33 | Michael     | Anderson     | men45-49 |     |
| 9:34  | 34 | David       | Lampert      | mcat4-5  |     |
| 9:35  | 35 | Bridget     | Witt         | wom35-39 |     |
| 9:36  | 36 | Deb         | Colyer       | wom45-49 |     |
| 9:37  | 37 | Jim         | Uemura       | mcat4-5  |     |
| 9:38  | 38 | Nancy       | Beck         | wom70-74 |     |
| 9:39  | 39 | Arrietta    | Clauss       | wcat1-3  |     |
| 9:40  | 40 | James       | Flechsigg    | mcat4-5  | ABD |
| 9:41  | 41 | Elmer M     | Colyer       | men55-59 |     |
| 9:42  | 42 | Dennis      | Jurs         | men65-69 |     |
| 9:43  | 43 | Michael     | Lavery       | men60-64 |     |
| 9:44  | 44 | Brian       | Akers        | men40-44 |     |
| 9:45  | 45 | Steve       | Phillips     | men40-44 |     |
| 9:46  | 46 | Thomas      | Kramer       | men55-59 |     |
| 9:47  | 47 | Marie       | Couris       | wom45-49 |     |
| 9:48  | 48 | Dan         | Norbeck      | men50-54 |     |
| 9:49  | 49 | William     | Nedza        | men50-54 |     |
| 9:50  | 50 | Stephen     | Evans        | men65-69 |     |
| 9:51  | 51 | Shirley     | Crocker      | wom50-54 |     |
| 9:52  | 52 |             |              |          |     |
| 9:53  | 53 | Kyle        | Fleener      | mcat4-5  |     |
| 9:54  | 54 | Jeff        | Neal         | mcat4-5  |     |
| 9:55  | 55 | Anthony     | Meadors      | men50-54 |     |
| 9:56  | 56 | Mitch       | Piekos       | men45-49 |     |
| 9:57  | 57 | David       | Trotter      | men50-54 | ABD |
| 9:58  | 58 | Robert      | Roop         | men40-44 |     |
| 9:59  | 59 | Stacy       | Mosora       | wcat1-3  |     |
| 10:00 | 60 | Christopher | Mosora       | men40-44 |     |
| 10:01 | 61 | Don         | Lowe         | men50-54 |     |
| 10:02 | 62 | Kimberly    | Gialdini     | wom40-44 |     |
| 10:03 | 63 | Robert      | Burns        | men70-74 |     |
| 10:04 | 64 | James       | Watson       | men45-49 |     |
| 10:05 | 65 | James       | Landenberger | men50-54 |     |
| 10:06 | 66 | Jerry       | Porter       | men50-54 |     |
| 10:07 | 67 | Richard     | Vichotka     | men65-69 |     |
| 10:08 | 68 |             |              |          |     |
| 10:09 | 69 | Edward      | Rottmann     | mcat4-5  |     |
| 10:10 | 70 | Doug        | Boduch       | mcat4-5  |     |

|       |     |        |           |          |
|-------|-----|--------|-----------|----------|
| 10:11 | 71  | Robert | Whittaker | men45-49 |
| 10:12 | 72  |        |           |          |
| 10:13 | 73  |        |           |          |
| 10:14 | 74  |        |           |          |
| 10:15 | 75  |        |           |          |
| 10:16 | 76  |        |           |          |
| 10:17 | 77  |        |           |          |
| 10:18 | 78  |        |           |          |
| 10:19 | 79  |        |           |          |
| 10:20 | 80  |        |           |          |
| 10:21 | 81  |        |           |          |
| 10:22 | 82  |        |           |          |
| 10:23 | 83  |        |           |          |
| 10:24 | 84  |        |           |          |
| 10:25 | 85  |        |           |          |
| 10:26 | 86  |        |           |          |
| 10:27 | 87  |        |           |          |
| 10:28 | 88  |        |           |          |
| 10:29 | 89  |        |           |          |
| 10:30 | 90  |        |           |          |
| 10:31 | 91  |        |           |          |
| 10:32 | 92  |        |           |          |
| 10:33 | 93  |        |           |          |
| 10:34 | 94  |        |           |          |
| 10:35 | 95  |        |           |          |
| 10:36 | 96  |        |           |          |
| 10:37 | 97  |        |           |          |
| 10:38 | 98  |        |           |          |
| 10:39 | 99  |        |           |          |
| 10:40 | 100 |        |           |          |
| 10:41 | 101 |        |           |          |
| 10:42 | 102 | Robert | Burke     | mcat1-3  |
| 10:43 | 103 |        |           |          |
| 10:44 | 104 |        |           |          |
| 10:45 | 105 |        |           |          |
| 10:46 | 106 |        |           |          |
| 10:47 | 107 |        |           |          |
| 10:48 | 108 |        |           |          |
| 10:49 | 109 |        |           |          |
| 10:50 | 110 |        |           |          |
| 10:51 | 111 |        |           |          |

|       |     |         |               |          |
|-------|-----|---------|---------------|----------|
| 10:52 | 112 | David   | Heckelsmiller | mcat4-5  |
| 10:53 | 113 |         |               |          |
| 10:54 | 114 | Allen   | Clauss        | men55-59 |
| 10:55 | 115 |         |               |          |
| 10:56 | 116 | Richard | Kreutzfeldt   | mcat1-3  |
| 10:57 | 117 |         |               |          |
| 10:58 | 118 | Jack    | Arnolde       | men50-54 |
| 10:59 | 119 |         |               |          |
| 11:00 | 120 |         |               |          |
| 11:01 | 121 | Shawn   | Uemura        | wcat4-5  |

### **Time Trial Etiquette:**

1. Be at event minimum 1 hour before your start time.
2. Pick up your race number when you arrive.
3. Check your race class is correct at number pick up.
4. Pin number on correctly, Officials need to see it clearly.
5. Use Toilets, be they out house, portable, or fancy indoor.
6. Wearing Clothes in public is mandatory for all participants.
7. Be sure your clothes are not transparent in the rain.
8. Be at Start line ON TIME - 10 min before your start time.
9. If you are late to start your time is running.
10. Need a new start time ask Registration.
11. Ride on the right side of road, not in the middle, not on left side, not in the ditch.
12. Be courteous to people working registration, start line, corners, finish line volunteering time to help you.
13. When you finish, do not screech to a halt, the rider behind you needs time to slow down.
14. Have the Time of Your Life.

After the your race stick around for your finish time, your competition times and awards.